



The Lighthouse Reflector

May 22, 2020

"Greater love hath no man than this, that a man lay down his life for his friends."--John 15:13

No School Monday, Memorial Day - Online classes will not meet

Graduates Continue to Celebrate Remotely



Please continue to send us photos! We love to see graduates with their signs, examples of learning, projects, assignments, your daily lives or just some new hobby or fun thing you do in between school time. You can send your photos and stories to school@sdacademy.com

Daily Life and New Opportunities

Jordan Yelverton, 11th grade Publications student, sent me these photos of her family celebrating Mother's day with appropriate social distancing and playing games together for family game night.



Bianca Corrales, 10th grade Publications student, sent me these photos of her dog Oreo (jack russell terrier) and her new puppy Sharky (french bulldog).




Loramy Caceres sent me these photos of her children wearing blue blocking glasses. These are great to help rest the eyes from all the screen time! She also shared with me "Gaddi has been participating in these





missions with his CAP program and salvation army volunteering a couple days each week. He received a coin from a Colonel. “




NEWS

CAP California Wing Headquarters
10000 San Diego Avenue
San Diego, California 92126
Phone: (619) 435-3198
Email: capnews@cap.org

FOR IMMEDIATE RELEASE

Civil Air Patrol and Salvation Army join forces

CAP's California Wing assembles 400 meal kits in COVID-19 response

EL CAJON, Calif. – Ten volunteers with Civil Air Patrol's California Wing, acting as the U.S. Air Force auxiliary, assembled about 400 Salvation Army meal kits for distribution to San Diego County residents on May 11.

Four of the volunteers were Civil Air Patrol cadets ages 12-18, from squadrons in San Diego and Chula Vista. The six adult members came from three San Diego Group 8 squadrons and from California Wing Headquarters.

As a trained disaster preparedness relief organization, Civil Air Patrol has been engaged with government agencies and nonprofit organizations to provide support during the COVID-19 pandemic. CAP assisted the Salvation Army with food distribution at their El Cajon location.

"In times of crisis, we are motivated by our ability to help those in need," said Brig. Gen. Bryan Rafferty, reserve colonel to the commander, First Air Force (AFNORTH). "We have deep appreciation for the adults volunteering their time and leadership, but more exciting is the willingness of our youngest citizens as members of Civil Air Patrol to help others. This serves as an outstanding example of our Air Force auxiliary providing compassionate support to our neighbors in need."

In addition to assembling the meal kits, California Wing members assisted in organizing and storing frozen food, unloading trucks, driving down boxes and performing many other needed tasks. The CAP team was scheduled to work from 8 a.m.-1 p.m. but completed its assignments before noon — all the while following social distancing and cleanliness protocols.

Civil Air Force California Wing commander, visited El Cajon to personally thank the volunteers. "Because of the work you are doing here, people won't go hungry," he told them. "It isn't often you get to directly impact someone's life in this way ... you will remember serving your community during the crisis for the rest of your life."

Acting as a Total Force partner and official civilian auxiliary of the U.S. Air Force, Civil Air Patrol is aligned with First Air Force to rapidly respond to non-military threats domestically when tasked in a Defense Support of Civil Authorities capacity to task force, relieve suffering, prevent property damage and provide humanitarian assistance.

CAP Contact: 1st Lt. Jerry Camp, 619-335-2198, e-mail: jcamp@cap.org

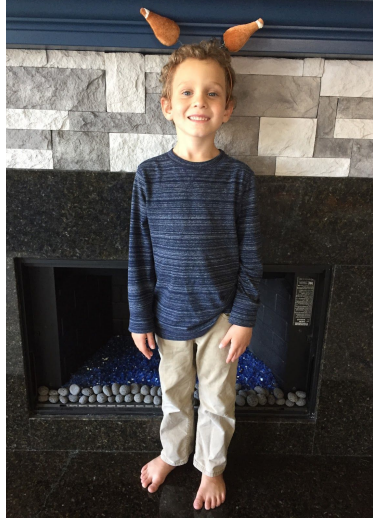
Civil Air Patrol, the largest all-volunteer U.S. Air Force auxiliary, is the second member of the Air Force's Total Force. In this role, CAP operates a fleet of 582 aircraft, performs about 80% of worldwide U.S. inland search and rescue missions as tasked by the Air Force's National Search and Rescue Center and is credited by the Air Force's Rescue Coordination Center with saving an average of 60 lives annually. CAP's 40,000 members also perform homeland security, disaster relief and drug interdiction missions at the request of federal, state and local agencies. In addition, CAP plays a leading role in aerospace STEM education, and its members serve as mentors to over 25,000 young people participating in CAP's Capet Programs. Visit www.civilairpatrol.com or www.cap.org for more information.

Elementary Activities

Kindergarten Spirit Week Photos

by Petra Lindquist, TK-K teacher

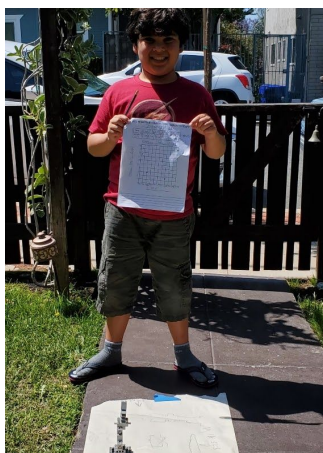




3rd Grade Shadow Projects

by Nancy Verduzco, 3rd grade teacher

Third graders created shadow projects. They are learning about the earth's rotation on its axis.

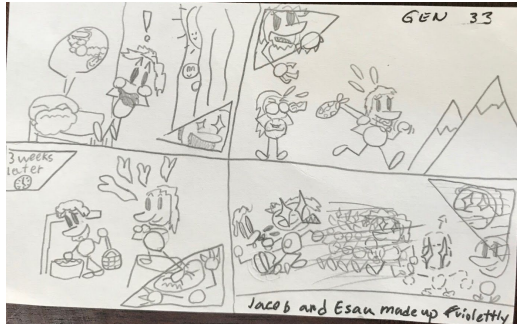
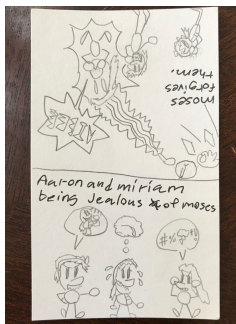




5th Grade Remote Learning

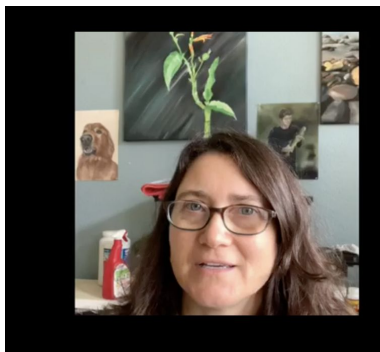
by Melissa Peckham, 5th grade teacher

DJ De la Cruz illustrated a story on forgiveness.



Edna Felix Elementary Art Update: Online Classes

by Edna Felix



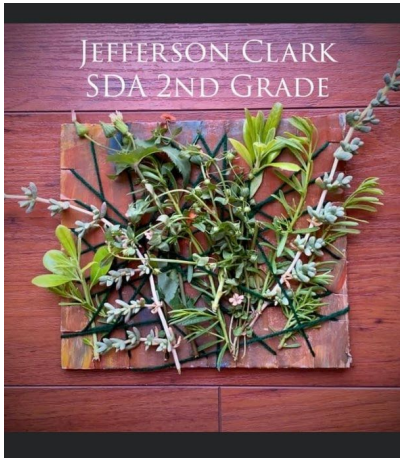
Edna Felix has been providing art videos for our elementary students. You can see some of the projects the 4th, 5th, and 6th graders have been working on this week. We are postponing our art show until next year, but we welcome your children's submissions for the newsletter. All art work will be displayed in a virtual art gallery and the best in show will get a prize.

Kindergarten fabric twist

1st grade flowers



2nd grade nature weaving and Jefferson painting



3rd grade leaf art



6th grade wire sculpture



Reminder of Weekly K-6th Grade Chapel



Just a reminder that K-6th grade students can continue to have a chapel experience. Please visit Mrs. Mayang's Youtube channel "It's Ewe Time"

<https://www.youtube.com/channel/UCvFHclQbF6xWdEqFGWAb8Hw>

High School Activities

Highlighting SENIORS

We thought one way we could honor seniors is to highlight a handful of senior legends each week in our newsletter until graduation. Normally we have to wait until the yearbook to read these personalized details. Here is the key of what they filled out:

Secret Ambitions; Enjoyments; Nicknames; Irritations; Offices Held; Remembrances; Sayings

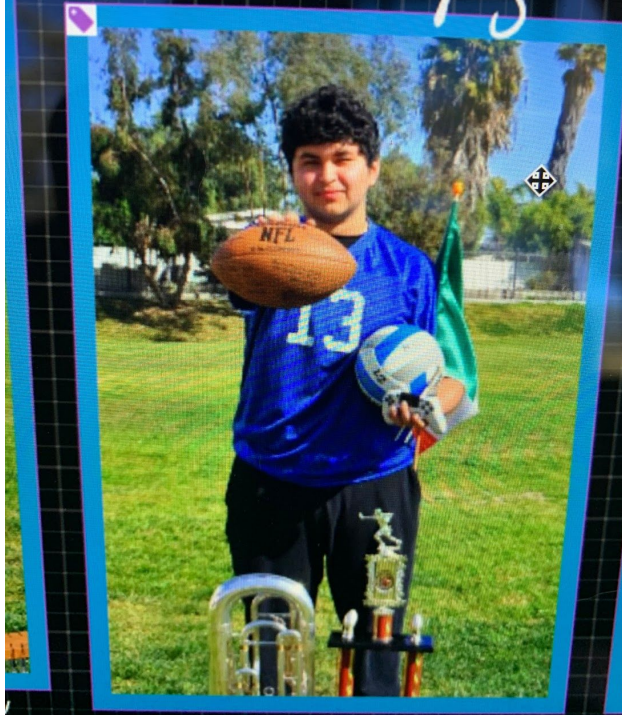
We will highlight approximately six seniors a week, in alphabetical order, until graduation.

Ian Kuo



S: Be an actor, get an Oscar, start my own business/entrepreneur, become a multi-millionaire, a mansion with arts and other collectibles, and travel the world.
 E: Hanging out with friends, singing, choking Kurt, shopping, Netflix, FOOD, Museums, and visiting places
 N: Juice, Big Juice, Juicy, Mr. Juice, Yen, Laan, En
 I: Katrina..., Homework, stubbornness, arrogance, noise you make with a balloon or styrofoam, people shaking my desk with their leg behind me, people being petty, people who can't take a JOKE, and people taking my freaking food!
 O: SA Vice President, SA business manager, N.H.S. Vice President
 R: Leadership camps, Bible camps, Senior camp out, senior trip, staying late at school, Youth Excursion, Mr. Shultz making me cry freshman year, volleyball with the boys, messing around and being dumb with my friends
 S: "Dude! This is ridiculous", "Are you dead serious?!", "AWHH", "eee ooo", #soynugget2020

Julius Lopez



S: sky diving, go to space, become famous, go to the Bermuda triangle, explore the Mariana Trench
 E: spending time with the boys, playing sports, going out with the people I like, being Mr. Gifford's worker, laughing with others, sarcasm
 N: Big J, Julio, Moxigen (Moshygan--Mexican in Chinese), Sneaky, Moxigen, King Jullus, Princess Juliana, Chamuy Baby
 I: annoying people, failing, embarrassing flashbacks, when I'm right and no one believes me, when I'm about to do something and someone tells me to do it
 O: social vice
 R: Football team, Desert camping, Banquets, Yosemite, Mr. Alvarez' Band/trips, Ms. Serafin, Kendama, Mrs. Newby's Last year teaching, sophomore year Beach day dodgeball, Rachel in Evolution sundae, PSR trips
 S: Alriiiiiight, Huink, Vercoshies, Papi, chuh, that's miine, it's not that deep, WOAAH, who...asked, who...cares, tu quieres, ouiou, offbrand, it's not that deep

Joel Lopez Villarreal



Leif Mayang



S: Hike a long distance trail, play in a huge orchestra alongside a choir, become a trustworthy pharmacist.

E: playing volleyball, watching series, swimming, playing cello and clarinet, listening to orchestra music, family reunions, playing soccer, Saturday nights' volleyball tournaments.

N: Joelito, mazapan.

I: lazy people, having to repeat myself, kids getting away with everything, failure, dumb or unnecessary arguments, taunting me for something that happened years ago, mispronouncing my name.

O: Senior class secretary

R: Desert camping with the class. all the class vespers, Olympic and beach days, my first and last Christmas banquet, Alex's sleepovers, Senior lock-in

S: "huh..." "um..." "why is it always me???" "wait what?" "But why though?" "HEY!!! don't do that" "*sigh* Just why?" "what's the point?"

S: To shrink and steal the moon, be the first person to discover Obama's last name.

E: Drawing, writing, speaking gibberish in math class, Matha's shenanigans, watching anime, acting sus with the homies, singing, manga, comics, harassing Gabe

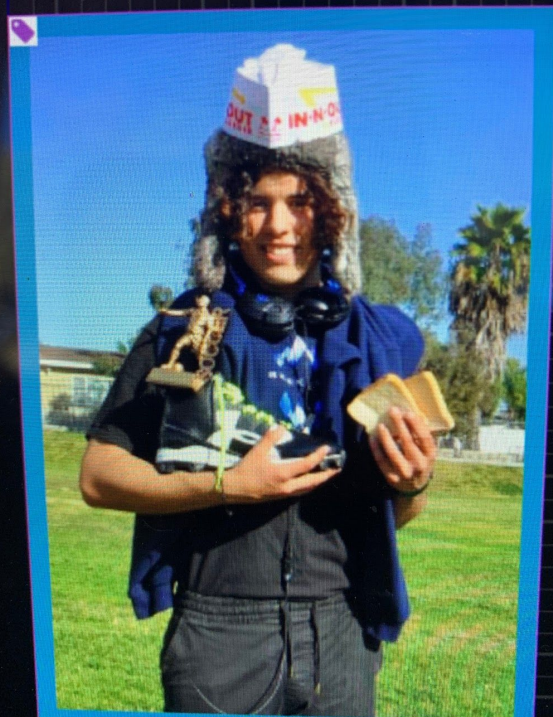
N: Obama, Obama's dad, Tall Man, Small boy, any cliché Asian name, Leifard.

I: Homework, irrelevant things, being short, overly loud people, overused height jokes, getting sick, when people disrupt good vibes.

O: Sophomore and Senior vice president.

R: Deez almonds, Leibens yelling "BE QUIET! COME OUT OF HIM!", "Kuuuuurrrt", Bible camp antics, #188, 6:54, B for Baylee, becoming Obama, accidentally headshotting Mrs. Bougher during kickball, getting lost on a mountain with Kurt in Yosemite, Reckless Love.

Thomas McGrew



Keren Moradel



S; mastering rollerskating

E: rollerskating, video games, hanging out with friends, eating carbs, making people laugh

N: Tom, Tommy, XTOMXDAXBOMBX, Thomas (spanish accent)

I: lack of food, spanish class, happy couples, responsibilities

O: Sports coordinator freshman year

R: That one time I yelled like a monkey at Mr. Gifford's car,

S: "*wheeeez*", "acquire currency", "disregard females", "live laugh love" "FINGAS" "BOOMER" "Oh my gosh HI!!"

S: To learn new languages, travel, to become a fashion designer

E: painting, hang out with friends, drawing, traveling, meeting new people, designing, going downtown, Honduran food, thrifting, musica, dancing with the girls, getting boba

N: Kereenie, Karot, titi

I: nosey people, not learning anything, fake promises, racism, homophobia, Mr. Botrous, the boys in my class, PE, not being able to drop PE, hot days, Nic Lindquist, people that find me intimidating, picky eaters, dirty/stinky people, touchy couples, sexism, busy work, Kevin Early, Kevin singing off-key, morning people and high pitched voices

O: none.

R: falling in the lockerroom, JR/SR Bible camps, getting cookies after school with the girls, basketball, Botrous time before 8th period, crying all over the school, crying because Botrous yelled at me freshman year, cutting my hair during lunch in a school bathroom, falling in every school activity, bad banquets, going downtown during school, ranting during lunch

S: "I hate it here fr", "You're so annoying bruh", "Imagine dude", ".....cheeeeeeck", "pskjlmnoprstv", "idk", "Esta mall", "I hate you", "Callate ya"

Spiritual Highlight

by Katrina Best, Kurt De Luna and Liebens Pierre Louis, senior Religion IV students

Senior Religion students were asked to write a letter to their future child and include advice and hopes they had for them. Several of them really touched my heart, so I am sharing excerpts from them below.

Katrina Best



LETTER FOR MY CHILD

To my dear child,

You have been one of the greatest blessings I've received in my life. You deserve the best that I can give you in this lifetime and I hope that this letter is able to give you pallets of wisdom.

First, I want to guide you to put God above all things; do this, and He'll guide all of your paths.

He will be your bread and water to get through each day. Be thankful to Him for the good times, and lift up to Him all your bad times. He is the only thing that remains when everything else falls apart and He is the reason things get mended back together.

Second, love others. A way to love God is through serving His people as well. Love your neighbor in the way that God chose to love you.

Give them a portion of the bread and water that God blesses you with each day, so you can be a blessing unto them and they can see Christ through you.

Along with this, I want you to understand your worth. Sure, as humans we mess up and we fail. But with this comes learning and wisdom. God uses all of our bad times and molds up futures of hope and prosperity; He goes on to call us good, wanted, worthy, and loved. Know your identity in Christ and don't let fear or anger be the driving force behind your actions; you are a prince/princess to the Most High King, and you are worth more than anything in this world. Be aware of the world, but don't become the things of this world. I pray right in this moment you would allow His love for you to be deeply felt, that it would penetrate your heart, and that you would rest in His promise: He has been your God from the moment He created you and will be for all the days of your life. I love you. With my whole heart, Your mom.

Kurt De Luna



I can't imagine how you will be like, what you will grow up to be, or if you like vanilla more than chocolate. By the time you read this, I hope you will understand the meaning of life. Life should not be taken for granted but should be taken as an opportunity to enjoy the gift that God has given you. I want what is best for you, no matter the situation or the circumstances, as long as you are happy and smiling each day. I also want you to know that life is full of freedom, but situations can prove to be challenging and bring consequences into your life. I want you to make wise and proper choices, but I know nobody's perfect. I know you will make mistakes along your journey, choices you will regret, but

through it all I wish for you to make memories you will cherish throughout your life.

The importance of friends, family, and loved ones should be the second most important thing in your life. Happiness comes from making others around you happy, so that you get to enjoy this world with the people that are most important to you. Don't forget to smile everyday and share that contagious smile of yours to others around you. The most important thing I want you to keep in your life is God. I know that whatever situation you are in might have you believe that there is no God, or better yet, you have indulged yourself in thankfulness due to God's blessings, but all I want you to know is that God will always be there for you, and He will take care of you. Definitely The last thing I want to tell you is to be respectful towards others, especially your elders and to show hospitality to those in need. Be humble in life, and keep moving forwards with a smile on your face!

Liebens Pierre Louis



A LETTER FOR MY CHILD

Dear Child, you are a blessing to me for you were given as a gift. Because I love you so much, I want you to be prepared for this world. I will encourage you to have a Jesus Christ like character, to hold on to the bible as a guidance for it containing wisdom and lessons for this broken world that has uncertainty. It is okay to have many interests and hobbies but don't let them take you away from the Lord. There will be laughter, joy, pain, and sorrow but don't be afraid rather live every second day of your life. Be optimistic and persistent upon your goals, don't let anything discourage you.

I hope that you may fulfill all your goals in this life, because it will eventually fade away. That you may be a blessing for others. By the way, be thoughtful of others, if you disagree with someone, make sure to understand their perspective. Always listen to them, so that you may grow with understanding and insightfulness. Be compassionate and forgive others, don't let stress or anything else be a burden. Above all, I hope, I will highly advise you to live your life for God because that is where your true identity and purpose lies.

-With Love, -Your Parent

Spiritual Links

I assembled some livestream and prayer group links that were shared with me and added a weekly Bible study/book club we host through Zoom from our home every Thursday night. Please help us add to the list! What spiritually uplifts you?

Spiritual streams, group meetings, Bible studies and prayer groups

5 a.m. prayer line—army of youth, CHAT training, present truth every morning at 5 a.m.

563.999.2438 access code 603728#

Advent Hope (youth and young adult Sabbath services and prayer line)

[Advent HOPE - Home](#)

Prayer Requests & Opportunities In these tumultuous times, we are called to earnestly petition our Mighty Savior in prayer. If you have prayer requests, please [click this link](#):

<https://sites.google.com/view/prayadventhope>

and someone from the AH team will be in contact with you.

Apocalypse Ministries: Preparing a people to stand true to God

<https://www.apocalypseministries.org/aptv/>

Avitia Present Truth Book Club/Bible Study

Join us any Thursday night from 6:30 to 8 p.m. on the following zoom link. We read “The Great Controversy” for over a year and are now studying the sanctuary message.

[Join Zoom Meeting](#)

<https://us04web.zoom.us/j/374667324?pwd=T1hMZEpCVThxRGdkRnA4aml6Wms5UT09>

C.H.A.T. Community Health Advocate Training

We pray this message finds you and your loved ones in good health during the global health crisis that has

caught the world by surprise. If prophecy can be trusted, COVID-19 is just the beginning.

For Seventh-day Adventists, the events paralyzing world economies and placing entire societies on "lockdown" has been foretold and there is a role we've been called to play in "lessening the suffering of humanity" brought about by disease and pestilence (9T:112, 113). During the Spanish Flu Pandemic of 1918, it is estimated over 500 million people were infected and roughly 50 million people died worldwide. At the height of the pandemic, Adventists were instrumental in saving thousands of lives across the United States using hydrotherapy and other natural remedies. The early impact of COVID-19 is a stark reminder of the work God has called His Church and the critical role church members can play as Community Health Advocates (medical missionaries) - if adequately-trained.

Community Health Advocate Training (CHAT) was introduced county-wide at the Great Health Controversy Seminar presented at San Diego Academy with the support of the county's Ministerial Association. ARISE! San Diego in October, again, introduced the need for church members, especially our Youth/Young Adults, to be trained and prepared to use the principles of Health Reform to improve health outcomes for our families and neighbors. COVID-19 is "the call-to-action" for every one of us living, working, and worshiping in San Diego County (7T: 62.1). Seriously consider investing the time to arm yourself/your family with timely information that will make well-trained Adventists part of the solution - in the future - like our pioneers in 1918.

Contact Peter or Leslie to register for CHAT Online Training (@ 55 hrs) below. Once "the lockdown" is lifted, CHAT Applied, the in-person training (@ 40 hrs), will be scheduled to give you, and members of your congregation, the hands-on training you'll need to offer sustainable, health-focused community outreach programs and activities. Activities, specifically-designed to improve health outcomes for your neighbors. The low cost of \$220 USD includes both the Online and In-person components of CHAT Training's, Cycle of Engagement. Register Today!

For more information contact: Peter @ (619) 245-7293 or Leslie @ 914.458.2001.

Chula Vista SDA Church prayer line

We invite you to participate in the Chula Vista SDA church nightly prayer line. It starts at 7:30 pm every night and lasts about ½ hour. Dial-in number 1 (605) 472-5304; [Access Code 877266#](#)

There is also a morning study and prayer line that starts every day at 5 am California time. It usually lasts about 1 hr plus. Dial-in number 1.563.999.2438; Access Code 603728#

David Gates Inspirational Present Truth Messages

<http://gospelministry.org/prepare-now-final-battle/>

Resources suggested by members of our community; Rob Shultz compiled these:

LOCAL CHURCH SERVICES AND ARCHIVES

31st Street SDA Church (Church, Sabbath School, youth & archived services)

<https://www.31sda.org/>

Bonita SDA Church

<https://bonitaadventist.online.church/>

Chula Vista SDA Church (Live and archived services)

<https://www.chulavistasda.org/>

El Cajon SDA Church (Live church service)

<https://ecsdafamily.org/>

Paradise Valley SDA Church (Live church streaming and archives)

<https://www.pvchurch.org/pv-live.html>

San Diego Central SDA Church (Live and archived services)

<https://livestream.com/sdcsda>

San Diego Fil-Am Church (Instructions for viewing services on Zoom App)

<http://www.sdfilam.org/>

San Diego Maranatha SDA Church

http://sdmsda.org/sermon/watch_live/

Tierrasanta SDA Church (Live church streaming and archives)

<https://livestream.com/tsdactv>

OTHER RESOURCES

Chuze Fitness (Free family and team exercise on demand)

<https://chuzefitness.com/chuze-on-demand/>

La Sierra University Church (Services most days of the week.)

<https://lasierra.church/>

Paradox Ministries (Live and archived Sabbath services)

<https://www.paradoxredlands.com/worship>

SECC Spiritual Life Connect (Spiritual and social emotional learning for every age group)

<https://ckoh27.wixsite.com/spirituallifeconnect>

Virtual San Diego (Bringing culture and attractions to you)

<https://blog.sandiego.org/2020/03/virtual-san-diego-bringing-culture-and-attractions-to-you/>

SDA Announcements

Easy Way to Pay

Cash App is an app for your phone that lets you easily pay friends and organizations electronically. Simply install the app on your phone, enter your information, and you're ready to go! San Diego Academy uses this app for fundraising purposes, and you can contribute by using the following Cash Tag: \$SDAcademy. The money you donate funds our PFE/ASSIST scholarship, a program that pairs students with elderly mentors and provides over \$100,000 in tuition support to our students.

San Diego Academy Calendar of Events

NO SCHOOL: Memorial Day.....Monday, May 25

***due to the ever changing conditions, please refer to the school website for updates to our calendar as they arise:*
www.sdacademy.com